



ASHLEY MANOR

PREPARATORY SCHOOL

<u>Week 1 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Cheese & Tomato Pizza	Chinese Chicken Curry with Rice	Sausage & Bean Casserole	Tuna & Sweetcorn Pasta Bake	Cheesy Cajun Chicken Stack
Daily	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

<u>Week 2 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Fish Finger Bap with Ketchup & Seasoned Wedges	Pork & Vegetable Cassoulet	Spaghetti Bolognese	Beef Stroganoff with Rice	Cheese & Tomato Pizza
Daily	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

<u>Week 3 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Cheese & Tomato Pizza	Pasta Al Forno	Sweet Chilli Chicken with Rice	Carbonara Pasta Bake	Chilli Beef & Nachos
Daily	Fresh Fruit Hydration station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station