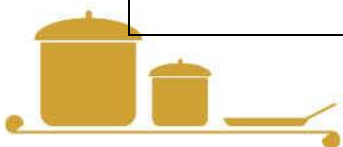
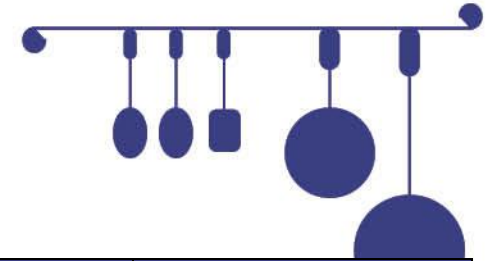


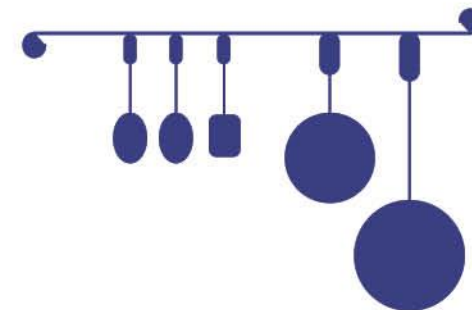
<u>Week 1 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & homemade bread	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the ay	Soup of the Day
	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread
Main meals	Chicken in Black Bean Sauce Served with Egg Noodles	Mac 'n' Cheese topped with Crispy Maple Bacon	Slow Roasted Leg of Pork with Apple Sauce	Spaghetti Bolognese	Cod Fillet Fish Fingers or Fish "n" Chips, Served with Tartare & Lemon
	Pasta Bar	Jacket Potato	Pasta Bar	Jacket Potato	Pasta Bar
Vegetarian	Winter Vegetable Cobbler	Vine Tomato, Chervil & Caramelised Red Onion Quiche	Butternut Squash, Thyme & Broad Bean Risotto	Mushroom & Sweet Red Pepper Stroganoff with Rice	Vegetable & Potato Frittata
Vegetables & Potatoes	Egg Noodles Garden Peas	Green Beans Garlic Bread	Roast Potatoes Broccoli Florets Glazed Carrots	Mixed Vegetables Garlic & Rosemary Bread	Chips Steamed Peas Baked Beans
Hot Desserts	Iced Orange Sponge with Cream	Rice Pudding with Fruit Jam	Shortbread with Vanilla sauce	Chocolate Crunch & Chocolate Custard	Dessert of the Day
Cold Dessert	Chocolate Fudge Mousse Fresh cut Fruit Homemade Yoghurt Pots	Fruit jelly Fresh cut Fruit Homemade Yoghurt Pots	Strawberry & Clotted Cream Cheesecake Fresh cut Fruit Homemade Yoghurt Pots	Fruit Jelly Fresh cut Fruit Homemade Yoghurt Pots	Fresh cut Fruit Homemade Yoghurt Pots





<u>Week 2 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & homemade bread	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread
Main meals	Boston BBQ Sausage & Beans	Chilli & Nachos with Salsa & Sour Cream	Chicken & Ham Pie topped with Puff Pastry	Slow Roasted Gammon with Pineapple Puree	Cod Fillet Fish Fingers or Fish "n" Chips, Served with Tartare & Lemon
	Pasta Bar	Jacket Potato	Pasta Bar	Jacket Potato	Pasta Bar
Vegetarian	Stuffed Red Pepper with Vegetable Rice	Broccoli & Stilton Quiche	3 Cheese Fritters with Salad & Mint & Cucumber Dressing	Vegetable & Mixed Bean Chilli with Braised Rice	Chinese Vegetable Noodles
Vegetables & potatoes	Steamed Peas Mashed Potato	Glazed Carrots Fine Green Beans	Sweetcorn Savoy Cabbage New Potatoes	Roast Potatoes Broccoli Florets Glazed Carrots	Chips Steamed Peas Baked Beans
Hot dessert	Plum Crumble with Custard	Chocolate Orange Sponge with Chantilly cream	Jam Sponge with Custard	Sticky Toffee Pudding with Caramel Sauce	Dessert of the Day
Cold desserts	Raspberry & white Chocolate Mousse Fresh cut Fruit Homemade Yoghurt Pots	Jelly Pots Fresh cut Fruit Homemade Yoghurt Pots	Lemon Shortbread Pot Fresh cut Fruit Homemade Yoghurt Pots	Jelly Pots Fresh cut Fruit Homemade Yoghurt Pots	Fresh cut Fruit Homemade Yoghurt Pots





<u>Week 3 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & homemade bread	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the ay
	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread	Daily Fresh Bread
Main meals	Chicken Stroganoff with Braised Rice	Beef Ragu with Pesto Pasta and Garlic & Rosemary Focaccia	Noodle Bar with a Selection of Sauces	Roast Pork Shoulder with Apple Sauce & Pan Gravy	Cod Fillet Fish Fingers or Fish "n" Chips, Served with Tartare & Lemon
	Jacket Potatoes	Pasta Bar	Jacket Potatoes	Pasta Bar	Jacket Potatoes
Vegetarian	Tomato & Basil Gnocchi topped with Mozzarella	Quorn & Roasted Vegetable Bolognaise	Mushroom, Spinach & Feta Lasagne	Sweet Potato & Onion Bhajis with Mango Chutney	Tofu Fried Rice with Black Bean Sauce
Vegetables & potatoes	Minted Peas Carrots	Sweetcorn Courgettes Garlic & Rosemary Focaccia	Broccoli Florets Garlic Slice	Roast Potatoes Savoy Cabbage Fine Green Beans	Chips Peas Baked Beans
Hot dessert	Cotton Candy Marble Cake with Custard	Double Chocolate Brownie with Cream	Syrup Sponge & Custard	Banana & Maple Cake with Vanilla Cream	Dessert of the Day
Cold desserts	Strawberry Mousse Fresh cut Fruit Homemade Yoghurt Pots	Jelly Pots Fresh cut Fruit Homemade Yoghurt Pots	Toffee & Banana Pot Fresh cut Fruit Homemade Yoghurt Pots	Jelly Pots Fresh cut Fruit Homemade Yoghurt Pots	Fresh cut Fruit Homemade Yoghurt Pots

