



<u>Week 1 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Cheese & Tomato Pizza	Chill & Nachos	Chicken & Bacon Pasta Bake	Slow Cooked Braised Beef Goulash with Rice	Sweet Chilli Chicken Tacos
Daily	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

<u>Week 2 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Spaghetti Bolognese	Chinese Chicken Curry with Rice	Beef Burger in a Bap with Fries & Ketchup	Macaroni Cheese	Cheese & Tomato Pizza
Daily	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

<u>Week 3 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Cheese & Tomato Pizza	Pasta Al Forno	Chicken Goujon Baguette with Fries	Sausage & Bean Casserole	Cheesy Beef & Nacho Pasta
Daily	Fresh Fruit Hydration station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

