



ASHLEY MANOR PREPARATORY SCHOOL

<u>Week 1 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Spaghetti Bolognaise	Chicken Curry & Rice	Cheese & Tomato Pizza	Creamy Chicken & Ham Pasta	Chilli Beef Nachos
Daily	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

<u>Week 2 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Macaroni Cheese	Chicken & Bean Cassoulet	Pasta Al Forno	Chill & Rice	Cheese & Tomato Pizza
Daily	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

<u>Week 3 Tea</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Hot tea	Beef Keema Curry Rice	Spaghetti Carbonara	Cheese & Tomato Pizza	Cowboy Casserole	Sweet Chilli Chicken Tacos
Daily	Fresh Fruit Hydration station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station	Fresh Fruit Hydration Station

